

NORTHERN CALIFORNIA FEDERATION JUNIOR YOUTH FOOTBALL

CHAPTER I

OBJECTIVES

The essence of Northern California Federation Junior Youth Football, hereinafter referred to as NORCALFED, is a physical fitness program in an atmosphere conducive to the development of mind and character.

NORCALFED football presents to each adult affiliated with the program a unique opportunity to share in the molding of youth. Adults so affiliated must teach that hard work develops respect for discipline. Self-discipline properly taught on the football field by a NORCALFED coach can be a major factor in turning a youth's life from self-indulgence to meaningful self-respect, respect for the rights of others and respect for the law.

America's future lies in her youth. The lessons of life, so readily adaptable from the football field can complement the work of the home, the church and the school in molding young people. Discipline teaches youngsters that it isn't sissy to refrain from smoking, to get good grades, to eat a proper diet, to practice good sportsmanship and to keep themselves physically fit. All of this takes place in the context of youngsters playing NORCALFED football. NORCALFED enables youth to develop a sense of pride in their community. Competent coaching, adequate equipment and medical precautions combine to establish a sound youth football program. The program emphasizes school grades. A victory recorded by a game score is a short-term accomplishment and soon forgotten. Lesson contributing to character development learned on the gridiron can serve as valuable guidelines for life.

The NORCALFED adult fulfills his role best when he realizes that his job is to prepare youngsters for the High School teacher and coach. Building the right foundation is half the battle in making a good football player. Youths who can block and tackle, who have the proper attitude, and who are willing to work hard scholastically and physically are the ideal graduate from NORCALFED. Adults are required to concentrate their primary efforts on preparing youngsters by instilling in them a desire to work hard in the classroom and on the football field.

Many parents find it difficult to adjust the changing relationships they encounter with their youngsters entering early adolescence. NORCALFED adults can help by pointing out to parents the importance of youth succeeding with its peers. The major responsibility of parents is to help their early adolescent to attain and hold membership in group activities of his contemporaries, such as the local NORCALFED team. Parents can play a big role by supporting their youngsters in their efforts to contribute to their team.

All Conferences, Teams, Associates, Sponsors, Booster Clubs and adults affiliated with NORCALFED must embrace the NORCALFED tenets and philosophy as set forth above.

NorCalFed membership is voluntary and a privilege, not a right.